



# RESEARCH BRIEF

February 16, 2025

## GAMBLING

### EFFECTS:

- Gambler's families showed increased conflict in the family, risk of violence and abuse, as well as physical and mental health problems<sup>i</sup>
- Calls to the National Problem Gambling Helpline increased 86.72% from 2017 to 2023 in states with Mobile Sports Betting<sup>ii</sup>
- Gamblers are more likely to have worse rates of productivity, financial distress, divorce, partner violence and suicide<sup>iii</sup>
- As of 2022, 2.4% and 1.6% of the population of Maryland were estimated as problem gamblers or probable pathological gamblers respectively.<sup>iii</sup>

### RISK FACTORS:

- "African Americans and other minority groups were two to three times more likely to be high-risk gamblers."<sup>ii</sup>
- Up to 7% of youth develop gambling disorders<sup>iv</sup>
- Problem gambling is more common in men, people of color and in those with mood or personality disorders.<sup>iv</sup>
- Those in their early twenties are both the likeliest online sports bettors and the most vulnerable to addiction. <sup>ii</sup>
- "About 4% of people being treated for substance use also have gambling disorder, as do nearly 7% of psychiatric inpatients and up to 7% of people with Parkinson's disease. An estimated 96% of people with gambling problems have at least one other psychiatric disorder."<sup>v</sup>

- People in their early 20s are the fastest-growing group of gamblers.<sup>v</sup>
- Those more likely to have gambling problems include “males, those aged 35-44 years, Black and African Americans, non-Hispanics, those with a lower level of education, those with a total household income below \$25,000, and those who are separated.”<sup>iii</sup>
- Attending college, not graduating, correlates with lower rates of gambling problems.<sup>iii</sup>
- More than half of those whose education did not go beyond elementary school reported gambling at least monthly.<sup>vi</sup>

#### GAMBLING FINANCES:

- Sports gambling’s taxable wins more than doubled from FY2023 to FY2024<sup>vii</sup>
- Cumulative Casino Gaming Revenue Since Inception \$18,972,851,155.<sup>viii</sup>
- FanDuel averaged over \$1 billion in revenue every quarter from Q4 2022-Q3 2024<sup>ix</sup>
- “Maryland’s six casinos generated \$1.964 billion in revenue from slot machines and table games, the third-best single-year total and a decrease of 4.7% compared to FY2023.<sup>x</sup>
- Both casino and lottery annual revenue in Maryland rose by nearly \$1 billion from 2015-2024.<sup>vii</sup>

<sup>i</sup> [https://www.researchgate.net/publication/358295325\\_The\\_Impact\\_of\\_Problem\\_Gambling\\_on\\_Families\\_and\\_Relationship\\_Partners\\_A\\_Scoping\\_Literature\\_Review](https://www.researchgate.net/publication/358295325_The_Impact_of_Problem_Gambling_on_Families_and_Relationship_Partners_A_Scoping_Literature_Review)

<sup>ii</sup> <https://www.morgan.edu/Documents/ADMINISTRATION/CENTERS/DASG/MSU%20Center%20for%20DASGR-%20Problem%20Gambling%20Report%20Feb%2014%202024.pdf>

<sup>iii</sup> [https://www.mdproblemgambling.com/wp-content/uploads/2023/11/Prevalence-2022\\_06NOV23\\_Updated.pdf](https://www.mdproblemgambling.com/wp-content/uploads/2023/11/Prevalence-2022_06NOV23_Updated.pdf)

<sup>iv</sup> <https://www.thenationshealth.org/content/51/10/20>

<sup>v</sup> <https://www.apa.org/monitor/2023/07/how-gambling-affects-the-brain>

<sup>vi</sup> <https://www.mdproblemgambling.com/wp-content/uploads/2022/07/Gambling-Prevalence-study-2020-FINAL.pdf>

<sup>vii</sup> <https://www.mdgaming.com/marylands-casinos/revenue-reports/annual-reports/>

<sup>viii</sup> <https://www.mdgaming.com/marylands-casinos/revenue-reports/>

<sup>ix</sup> <https://www.businessofapps.com/data/fanduel-statistics/>

<sup>x</sup> <https://www.mdgaming.com/marylands-casinos/revenue-reports/where-the-money-goes/>